



Class Schedule

starts November 4th



Monday	Tuesday	Wednesday	Thursday
<div>Bronze 4:00 to 5:00</div> <div>Storm 5:00 to 7:00</div> <div>Lady Royals 7:00 to 9:00</div>	<div>Glynn Academy 4:20 to 5:20</div> <div>Cyclones 5:20 to 7:20</div> <div>Needwood 7:20 to 8:20</div> <div>Drift 7:00 to 9:00</div>	<div>Tiny Tumble 4:20 to 5:00</div> <div>Storm 5:00 to 7:00</div> <div>Lady Royals 6:40 to 9:00</div>	<div>Fundamental 4:00 to 5:00</div> <div>Silver 4:20 to 5:20</div> <div>Cyclones 5:20 to 7:20</div> <div>Drift 7:00 to 9:00</div>
<div>Fundamental 4:40 to 5:40</div> <div>Fly & Flex 5:45 to 6:55</div>	<div>Fundamental 4:40 to 5:40</div> <div>Evaluation Class 5:40 to 6:20</div>	<div>Masters 5:40 to 6:40</div>	<div>Gold 4:40 to 5:40</div> <div>Masters 6:00 to 7:00</div>
<div>Platinum 4:20 to 5:20</div>	<div>Bronze 5:00 to 6:00</div> <div>Silver 6:00 to 7:00</div>		

Schedule by Class Type

Classes	Monday	Tuesday	Wednesday	Thursday
Tiny Tumble (Ages 4 to 6)			4:20 to 5:00	
Fundamentals	4:40 to 5:40	4:40 to 5:40		4:00 to 5:00
Bronze	4:00 to 5:00	5:00 to 6:00		5:00 to 6:00
Silver		6:00 to 7:00		4:20 to 5:20
Gold				4:40 to 5:40
Platinum	4:20 to 5:20			
Masters			5:40 to 6:40	6:00 to 7:00
Fly & Flex	5:45 to 6:55			

Good Execution of the Previous Class's Skills, some of which are listed below, is required to move up to the Next Class
Start with our Evaluation Class to get set up in the Best Class for you!

Fundamentals	Fwd & Bwd Rolls	Cartwheel	Handstand Bridge	Back Bend
Bronze	Kick Over	Round Off	Back Walkover	Front Walkover
Silver	Ext. Roll to Handstand	Back Handspring	RO BHS	Front Handspring
Gold	RO 3 Handsprings	St 3 BHS	RO BHS Rebound Up	Tuck Drills
Platinum	RO BHS Tuck	PH RO BHS Tuck	Punch Front	St 2 BHS Rebound Up
Masters	Standing Tuck	RO BHS Layout	Specialty Passes	Twisting